

## **Frequently Asked Questions Resident (Overnight) Camp**

**Q: What time is check in?**

A: Between 2:00-4:00 p.m. on Sunday. Families will start to line up on our driveway around noon. The front of the line will begin to move at 2:00 p.m. If bunk selection is important to you, try to come early; if it is not that important, come mid-way and avoid some of the rush. Feel free to bring a picnic lunch and lawn chairs to enjoy and keep you more comfortable while you wait if you choose to come early.

**Q: What if we are arriving late for check in?**

A: Call the office to let us know your arrival time and we will give you further instructions depending on what time you will be arriving.

**Q: What time is check out?**

A: Between 9:00-10:30 a.m. on Saturday.

**Q: What if I need to pick up my child early?**

A: Either stop in the office during check in and complete an early pick up form, or call the office in advance to make arrangements. Your camper will be at the office for pick up at the pre-arranged time.

**Q: What address should I send letters and packages to?**

A: Campers Name  
Cabin Number (cabin numbers are not given out prior to check in)  
13524 Camp Kanata Road  
Wake Forest, NC 27587

**Q: What if I want to send my child an email?**

A: You may send emails to [campkanata@campkanata.org](mailto:campkanata@campkanata.org) or [campkanata@ymcatriangle.org](mailto:campkanata@ymcatriangle.org). Please put the campers name and cabin number in the subject line, and do not include attachments. Emails will be printed off and delivered to campers at lunch and dinner.

**Q: Can my child email or call me while they are at camp?**

A: No. In order for campers to get the full camp experience, we limit communication on their part to writing letters. In the event of an emergency or extenuating circumstances, we will deal with phone calls on a case by case basis.

**Q: Can I visit my child while they are at camp?**

A: If your camper is here for only one week, visitors are not allowed as they will disrupt the camp schedule. If your child is staying two or more consecutive weeks, you may come on Saturday during check-out time (9-10:30 a.m.) and visit or take them home for the night and bring them back on Sunday during the scheduled check in time.

**Q: Does my camper need any spending money while at camp?**

A: No. Each day at “camp store,” every camper gets a snack and a drink. There are no items for sell during the week. We sell Kanata items (t-shirts, water bottles, etc.) during check out on Saturday and/or check in on Sunday.

**Q: What kind of fan should my camper bring?**

A: There are enough outlets in cabins for campers to bring electric (plug-in) fans. The best kind are the ones that can clip on to the beds. They can often be found at Target, Wal-Mart or Bed, Bath & Beyond.

**Q: How is swimming handled?**

A: Every camper is swim tested upon arrival at camp. Each camper will receive a swim band to wear that denotes their swim level and where they can go in the water. During swim time, we use the buddy system, and in addition to lifeguards, have spotters keeping extra eyes on the water, as well as counselors swimming with the campers.

**Q: How old are the cabin counselors?**

A: Most of our staff are either college students or recent high school graduates. We occasionally employ high school students going into their senior year that have gone through our two year staff training program.

**Q: Is this an accredited camp?**

A: Yes, we are accredited by the American Camp Association ([www.acacamps.org](http://www.acacamps.org))

**Q: What is the religious emphasis during camp?**

A: We are a YMCA camp, and focus on the YMCA character traits—honesty, caring, respect, responsibility, and faith in God, but have campers of all religious backgrounds.

**Q: How are special dietary needs handled?**

A: Be sure to fill out the cabin assignment form. There is a space to let us know if your child is a vegetarian or has any food allergies. If you have additional questions or instructions, please contact the office.

**Q: Should my camper bring a sleeping bag or sheets and a blanket?**

A: Either one is fine—it is really up to personal preference. If they bring sheets and a blanket, the sheets should be twin-size.

**Q: How are themes implemented?**

A: Generally speaking themes affect music that is played, costumes campers and counselors wear, skits, and special activities. General camp activities (swimming, archery, riflery, canoeing, etc.) remain the same from week to week.

**Q: How are campers assigned to cabins?**

A: To start with campers are sorted into gender and date of birth. Along with that, we take into consideration any requests to be with a certain camper who should be within one year of the same age.

**Q: Can I send a health form from another camp or use the generic doctor's office form?**

A: Yes. However, we still need the Kanata health form also. Fill out the top front of our form and the back side, attach the other camp's form or generic doctor's office form with a licensed physician's signature and send it in.

If you don't find the answer to your question on this list, please contact us at 919-556-2661 or [campkanata@ymcatriangle.org](mailto:campkanata@ymcatriangle.org).

Thank you!